



Parent Resource Library

General Stanford Elementary School provides a small parent resource library with information on topics that may interest members of our community. A synopsis of each book is provided. Titles may be checked out for two-week periods. The following titles are available for check-out in our office:

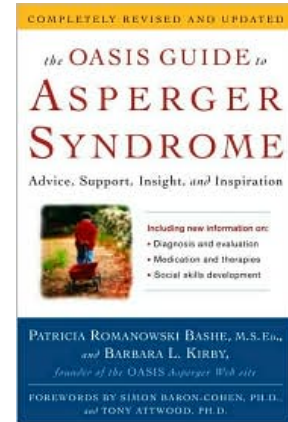
The Oasis Guide to Asperger Syndrome

Whether your child has been diagnosed with Asperger Syndrome or troubling symptoms are just becoming apparent, this book will guide you in the right direction.

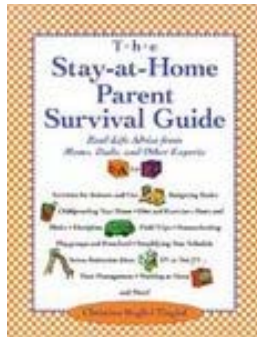
AS manifests itself in an array of characteristics, including average to high intelligence, obsessive behavior, intense special interests, and difficulty dealing with everyday social situations. Children with AS often have trouble processing and expressing emotions appropriately; they may be physically awkward or have unique learning styles. This can lead to isolation, inappropriate educational placement, misdiagnosis, and high risk for anxiety, depression, and even suicide.

As a parent of a boy diagnosed with AS in 1994, Barbara Kirby found scant resources and support. She developed the award-winning OASIS (Online Asperger Syndrome Information and Support) Web site in 1995 to help other parents find the information they need. She teamed up with Patricia Romanowski Bashe, now co-owner of OASIS and herself the mother of a son with AS, to write *The Oasis Guide to Asperger Syndrome*, the most complete resource for parents and teachers of children with AS.

Romanowski Bashe and Kirby have gathered the most up-to-date information from leading AS authorities, including Dr. Tony Attwood, who wrote the foreword. They know firsthand the joys and frustrations of raising children with AS, and they share their own experiences as well as those of dozens of parents facing the same challenges. You'll learn what AS looks like and how it is diagnosed; how parents can accept and work with the diagnosis; what interventions, therapies, and medications are available; how to navigate through the school system, including the ins and outs of special ed; how parents can raise their unique child, guiding him or her through the social,



emotional, and intellectual challenges on the way to adulthood. The authors' surveys of thousands of parents of kids with AS spotlight and address concerns you doubtless share. This practical, sympathetic guide will help you face the particular challenges of loving and raising a child with AS.



The Stay-at-Home Parent Survival Guide

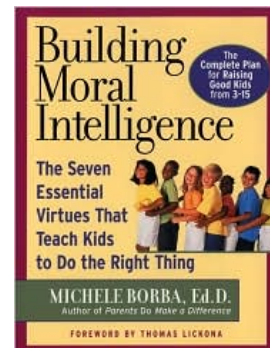
Each year thousands of parents, yearning for more time with their children, put away their briefcases and laptops in favor of baby gear and Legos. Yet being home with the kids all day isn't easy! Some of us need a little extra help with the transition. *The Stay-at-Home Parent Survival Guide* not only helps Moms and Dads survive the occasional stressful day--something every parent experiences now and then--but also inspires them with new ideas for indoor and outdoor activities, great places

to take the kids, starting a playgroup, building a support system, and keeping connected in the adult community. Even if you're a parenting pro, *The Stay-at-Home Parent Survival Guide* is a useful resource that offers unique ways to handle the day-to-day tasks of stay-at-home parenting, such as helpful tips for finishing the housework with the kids underfoot, meal and naptime strategies that work, skills for building a stronger marriage, managing your time effectively, beating the stay-at-home blues, and balancing household finances on a single income. In addition to the expertise of author Christina Baglivi Tinglof and other stay-at-home parents, *The Survival Guide* includes valuable insights from a variety of experts, including:

- Kathy Kristof, syndicated columnist, on how to set and reach financial goals
- Arlene Rossen Cardozo, author of Sequencing, on the evolution of the stay-at-home mom
- Dr. Sylvia Rimm, "Today" show parenting expert, on positive discipline
- Dr. Brian Ray, president of the National Home Education Research Institute, on homeschooling
- Elaine St. James, author of Simplify Your Life with Kids, on just that
- Ellen Parlapiano and Patricia Cobe, authors of Mompreneurs, on starting your own business from home

Building Moral Intelligence - The Seven Essential Virtues That Teach Kids to Do the Right Thing

Gain a new understanding of moral intelligence, and a step-by-step program for its achievement from bestselling author, Michele Borba. In this indispensable book for parents, Borba has created a new breakthrough in conceptualizing and teaching virtue, character and values under the auspices of a measurable capacity -- *Moral Intelligence*. This book confronts the front-page crisis we now face in our country regarding youth violence, alienation, self-destructive behavior, cold-heartedness, lack of compassion, insensitivity, intolerance and the break down of values. The author provides a new way to



understand, evaluate and inspire our kids with the seven essential virtues which comprise moral intelligence.

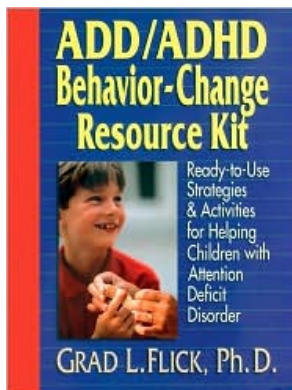
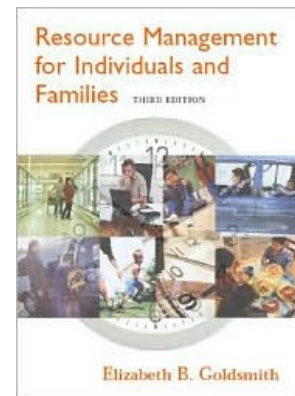


Love You Forever

A sentimental favorite about a mother's love for her child that has sold more than 15 million copies in paperback since its publication in 1986.

Resource Management for Individuals and Families

This edition incorporates the latest population data, new theories and models, and expanded coverage of managing money. Offering a process approach to management, a broad definition of household, and multiple theoretical approaches to decision-making, Goldsmith (Florida State U.) covers motivational, legal, and practical aspects of managing resources and stress throughout the life cycle. Chapters include Web-based resources. A trial subscription to an online library is offered.



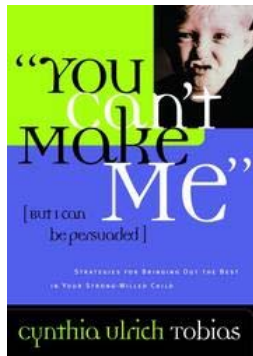
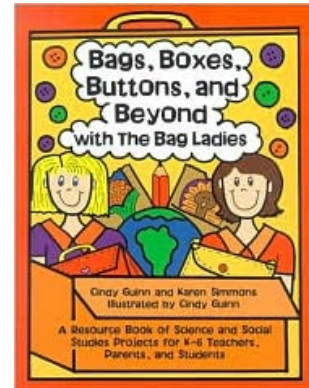
ADD/ADHD Behavior-Change Resource Kit

For teachers, counselors and parents, this comprehensive new resource is filled with up-to-date information and practical strategies to help kids with attention deficits learn to control and change their own behaviors and build the academic, social, and personal skills necessary for success in school and in life. The Kit first explains ADD/ADHD behavior, its biological bases and basic characteristics and describes procedures used for diagnosis and various treatment options. It then details a proven set of training exercises and programs in which teachers, counselors

and parents work together to monitor and manage the child's behavior to achieve the desired results.

Bags, Boxes, Buttons, and Beyond with The Bag Ladies - A Resource Book of Science and Social Studies Projects for K-6 Teachers, Parents, and Students

Join the magical Bag Ladies as they return with another creative "bag" full of ideas that transform your K-6 classroom into a fun-tastic learning zone! Created for teachers, by teachers, this resource is fun and easy to use. Everyday items like grocery bags, cereal boxes, and buttons become raw materials for teaching tools that enhance your standards-based curriculum. As usual, The Bag Ladies include step-by-step instructions, blackline masters, and photographs for more than 60 kid-tested projects. Especially targeted to social studies and science units, these stimulating, hands-on projects work equally well as study guides or grade-appropriate assessment tools.



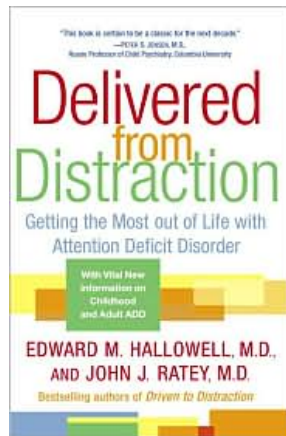
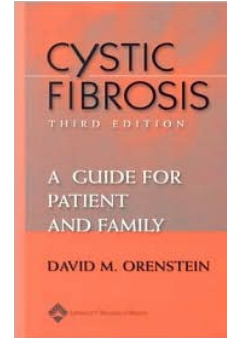
"You Can't Make Me" [But I can be persuaded] - Strategies For Bringing Out the Best In Your Strong-Willed Child

It's easy to recognize a strong-willed child. Difficult to discipline, at times impossible to motivate, strong-willed children present unique, frustrating, and often exhausting challenges to those who care for them. But now, the miracle parents long for can happen. Offering new hope, achievable goals, and a breath of fresh air to families and teachers, Cynthia Tobias explains how the mind of a

strong-willed child works - and how to use that information to the child's best advantage.

Cystic Fibrosis - A Guide for Patient and Family

Written by Dr. David Orenstein, director of one of the nation's leading CF centers, this one-of-a-kind guide offers clear explanations and real-world advice on cystic fibrosis and its management. Patients, families, and health care professionals will find practical and reassuring information on day-to-day concerns—school, travel, exercise, nutrition, medication—as well as on physiological effects, treatments, complications, long-term issues, and prospects for a cure.



Delivered from Distraction - Getting the Most out of Life with Attention Deficit Disorder

In 1994, *Driven to Distraction* sparked a revolution in our understanding of attention deficit disorder. Widely recognized as the classic in the field, the book has sold more than a million copies. Now a second revolution is under way in the approach to ADD, and the news is great. Drug therapies, our understanding of the role of diet and exercise, even the way we define the disorder—all are changing radically. And doctors are realizing that millions of adults suffer from this condition, though the vast majority of them remain

undiagnosed and untreated. In this new book, Drs. Edward M. Hallowell and John J. Ratey build on the breakthroughs of *Driven to Distraction* to offer a comprehensive and entirely up-to-date guide to living a successful life with ADD.

As Hallowell and Ratey point out, “attention deficit disorder” is a highly misleading description of an intriguing kind of mind. Original, charismatic, energetic, often brilliant, people with ADD have extraordinary talents and gifts embedded in their highly charged but easily distracted minds. Tailored expressly to ADD learning styles and attention spans, *Delivered from Distraction* provides accessible, engaging discussions of every aspect of the condition, from diagnosis to finding the proper treatment regime. Inside you’ll discover

- whether ADD runs in families
- new diagnostic procedures, tests, and evaluations
- the links between ADD and other conditions
- how people with ADD can free up their inner talents and strengths
- the new drugs and how they work, and why they’re not for everyone
- exciting advances in nonpharmaceutical therapies, including changes in diet,

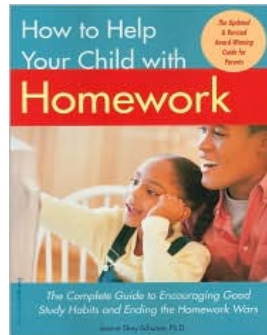
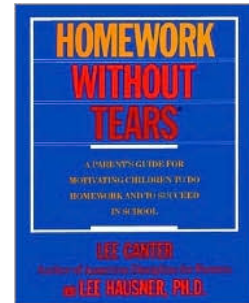
exercise, and lifestyle

- how to adapt the classic twelve-step program to treat ADD
- sexual problems associated with ADD and how to resolve them
- strategies for dealing with procrastination, clutter, and chronic forgetfulness

ADD is a trait, a way of living in the world. It only becomes a disorder when it impairs your life. Featuring gripping profiles of patients with ADD who have triumphed, *Delivered from Distraction* is a wise, loving guide to releasing the positive energy that all people with ADD hold inside. If you have ADD or care about someone who does, this is the book you must read.

Homework Without Tears

Parents with school-aged children will find in this volume the help they need to create an unstressful learning environment in the home and motivate their youngsters to succeed in school.



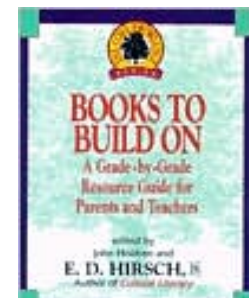
How to Help Your Child with Homework: The Complete Guide to Encouraging Good Study Habits and Ending the Homework Wars

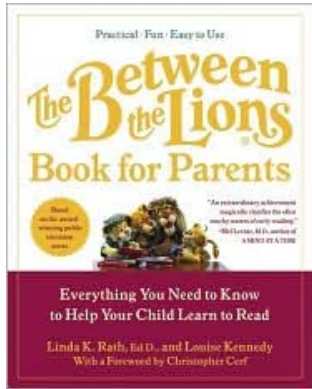
Written by a teacher, this revised and updated edition of a Free Spirit classic still covers the basics: building solid study skills in reading, spelling, writing, math, science, social studies, and foreign languages. It also includes the latest information on phonics, changing math

curriculum, trends in parental involvement, "No Child Left Behind," educational standards, electronic planners, multiple intelligences, learning styles, and more. With tried-and-true learning tools and current resources.

Books To Build On: A Grade by Grade Resource Guide for Parents and Teachers

The hugely successful Core Knowledge Series has told the parents of first- through sixth-graders what they need to know. Now this essential companion volume helps those parents find the books and other resources that will allow their children to learn even more about their favorite subjects.





The Between the Lions Book for Parents - Everything You Need to Know to Help Your Child Learn to Read

The award-winning PBS series **Between the Lions**® is not only one of the most popular children's programs on television; it actually helps children learn to read. Based on the literacy curriculum that underlies this innovative, entertaining series, **The Between the Lions**® **Book for Parents** draws on the latest and most reliable research to give parents practical tips to help smooth their children's path to

reading and writing.

Look in these pages for:

- An overview of diagnostic tests and remedial programs
- A grade-by-grade guide complete with developmental milestones from preschool through third grade
- A wide array of activities and "red flags" to watch out for
- A discussion on the unique role parents play in their children's literacy
- Resources and a reading list

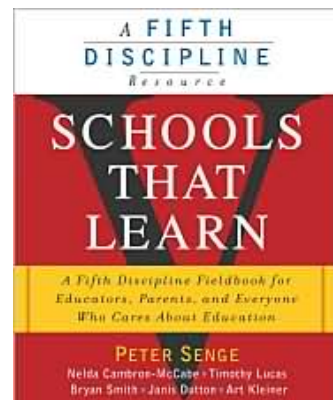
And much more!

Practical, comprehensive, and fun, this guide is helpful both for children who are struggling a bit and for those who are moving along just fine. So enter the world of **Between the Lions**® -- where kids Get Wild About Reading™!

Schools That Learn: A Fifth Discipline Fieldbook for Educators, Parents, and Everyone Who Cares About Education

Created by bestselling author and MIT senior lecturer Peter Senge and a team of educators and organizational change leaders, this new addition to the **Fifth Discipline Resource Book** series offers practical advice for educators, administrators, and parents on how to strengthen and rebuild our schools.

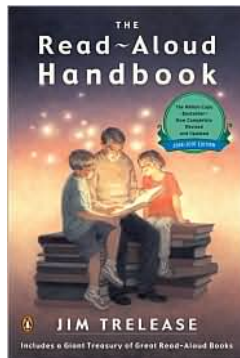
Few would argue that schools today are in trouble. The problems are sparking a national debate as educators, school boards, administrators, and parents search for ways to strengthen our school system at all levels, more effectively respond to the rapidly changing world around us, and better educate our children.



Bestselling author Peter Senge and his Fifth Discipline team have written **Schools That Learn** because educators—who have made up a sizable percentage of the audience for the popular Fifth Discipline books—have asked for a book that focuses specifically on schools and education, to help reclaim schools even in economically depressed or turbulent districts. One of the great strengths of **Schools That Learn** is its description of practices that are meeting success across the country and around the world, as schools attempt to learn, grow, and reinvent themselves using the principles of organizational learning. Featuring articles, case studies, and anecdotes from prominent educators such as Howard Gardner, Jay Forrester, and 1999 U.S. Superintendent of the Year Gerry House, as well as from impassioned teachers, administrators, parents, and students, the book offers a wealth of practical tools, anecdotes, and advice that people can use to help schools (and the classrooms in them and communities around them) learn to learn.

You'll read about schools, for instance, where principals introduce themselves to parents new to the school as "entering a nine-year conversation" about their children's education; where teachers use computer modeling to galvanize student insight into everything from *Romeo and Juliet* to the extinction of the mammoths; and where teachers' training is not just bureaucratic ritual but an opportunity to recharge and rethink the classroom.

In a fast-changing world where school violence is a growing concern, where standardized tests are applied as simplistic "quick fixes," where rapid advances in science and technology threaten to outpace schools' effectiveness, where the average tenure of a school district superintendent is less than three years, and where students, parents, and teachers feel weighed down by increasing pressures, **Schools That Learn** offers much-needed material for the dialogue about the educating of children in the twenty-first century.



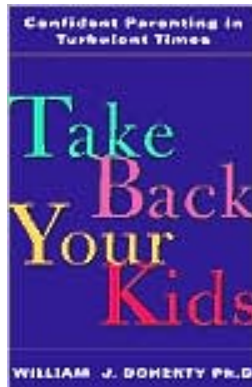
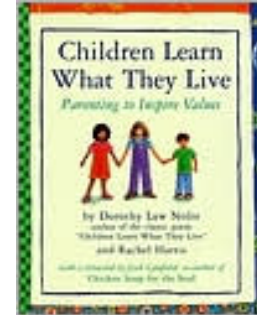
The Read-Aloud Handbook

For more than two decades, millions of parents and educators have turned to Jim Trelease's beloved classic to help countless children become avid readers through awakening their imaginations and improving their language skills. Now this new edition of *The Read-Aloud Handbook* imparts the benefits, rewards, and importance of reading aloud to children of a new generation. Supported by delightful anecdotes as well as the latest research, *The Read-Aloud Handbook* offers proven techniques and strategies—and the reasoning behind them—for helping children discover the pleasures of reading and setting them on the road to becoming lifelong readers.

Children Learn What They Live: Parenting to Inspire Values

"If children live with criticism, they learn to condemn...If children live with acceptance, they learn to love."

Expanding on her universally loved poem, *Children Learn What They Live*, which has nourished countless families since its initial publication in 1954, Dorothy Law Nolte offers a simple but powerful guide to parenting-by-inspiring values through example. Addressing issues of security, self-worth, tolerance, honesty, fear, respect, fairness, patience, and more, this book of rare common sense will help a new generation of parents find their own parenting wisdom and draw out their child's immense inner resources.



Take Back Your Kids: Confident Parenting in Turbulent Times

Childhood may be changing, but today's cable-ready, all-too-worldly kids are still just kids and should be treated that way. William J. Doherty does not want to recreate childhood as it was in simpler times, he merely wants to help parents adapt to the changes and create an even better future. Doherty's new book, **Take Back Your Kids**, offers a blueprint to do just that.

Too often, Doherty believes, parents merely provide services and opportunities for children, who in turn consider themselves "consumers of parental services." Hierarchy has diminished. Parents regularly make sacrifices in time and money they perceive to benefit their children. *Take Back Your Kids* shows occasionally saying no to a child's wish, denying a costly and time-consuming opportunity, allows for more meaningful family moments together at meals, church services and volunteer activities.

Take Back Your Kids gives parents a clear picture of what they should expect from themselves and their children. Doherty describes the skills necessary to be a confident parent--the importance of firm boundaries on behavior, an understanding of when to be flexible, and the courage to express constructive anger and endure the consequences. A good parent may be unpopular from time to time, but children respect and appreciate the exercise of authority in the context of loving family relationships.

Doherty concedes that maintaining those relationships may be difficult amid modern media distractions and fractured families. *Take Back Your Kids* describes how to monitor media exposure in a culture of constant television and Internet-literate eight-year-olds. He explains why responsible fatherhood may be the most untapped resource in raising children. And he offers advice for co-parents, single parents and step-parents alike to transcend their

individual situations and discover the path to loving, respectful and productive relationships with their children.

Loving Without Spoiling: And 100 Other Timeless Tips for Raising Terrific Kids

Nancy Samalin's wonderfully wise book belies the notion that children don't come with an instruction manual. This is it! Her practical advice on setting loving limits takes parents well beyond discipline and provides lasting lessons in raising caring, confident kids.

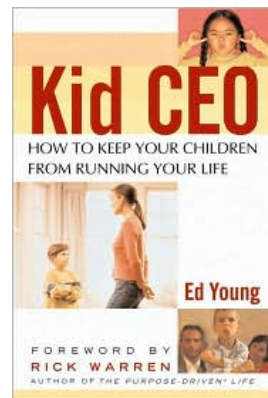
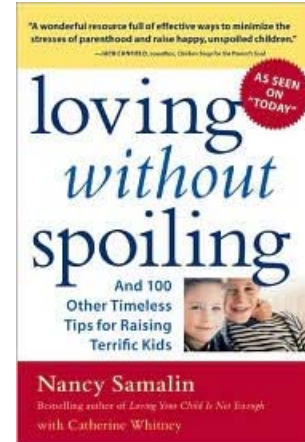
—Ann Pleshette Murphy, Parenting Correspondent, ABC's "Good Morning America," and "Mother Know How" columnist for *Family Circle*

"Wonderful advice with specific ideas to help in those frustrating parenting moments. Read it from cover to cover or flip through to find help with your problem-du-jour. Either way, these warmly shared words of wisdom will enrich your life as well as your parenting skills."

—Vicki Lansky, author, *Feed Me I'm Yours, Games Babies Play, and Practical Parenting Tips*

No parent wants to raise a spoiled kid. We want to raise children who are caring, compassionate, honest, and responsible. In *Loving Without Spoiling*, bestselling author Nancy Samalin gives you effective ways to set loving limits without spoiling or overindulging your child, including:

- *Power struggles*: tame the tantrums, stop the whining, set rules that stick
- *The communication gap*: stop repeating yourself, keep it simple, connect with your kids
- *Sibling rivalry*: nix the tattling, get out of the fairness trap, minimize the fighting
- *Everyday clashes*: win the bedtime wars, avoid homework battles, diminish dawdling, cure the "gimmies"



Kid CEO - How To Keep Your Children From Running Your Life

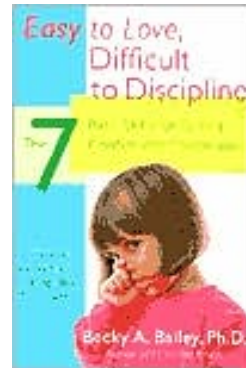
In these days of corporate scandal, there's a far more pervasive and serious problem going on right under our noses. It's a family takeover orchestrated by our kids. That's right - children are taking control of family units in record numbers. When a man and woman marry, says author Ed Young, they occupy the leadership roles in their relationship. But in some cases, as children enter the family arena, that begins to change. The kids slowly become the center of the family universe as parents relinquish control to them. In effect, the children become

Kid CEO's and the parents become the support staff. As parents, we have

charge of our children for only a short time. It's up to us to prepare them for life.

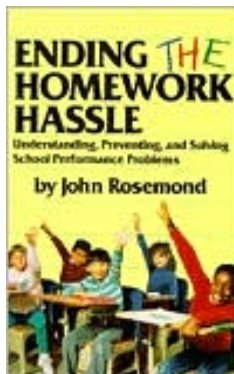
Easy to Love, Difficult to Discipline

Parents who love their children, but who don't always love their children's behavior—or their own responses to that behavior—will find powerful help in this book that offers new discipline tools for new times. Dr. Becky Bailey's unusual approach to parenting has made thousands of families happier and healthier. Why? Because her methods help parents as well as children maintain self-control while building confidence and competence in conflict situations.



Based on Dr. Becky Bailey's more than 25 years of work with children of all ages, *Easy to Love, Difficult to Discipline* first helps parents become aware of how they treat themselves—because how we discipline ourselves is how we discipline our children. She teaches Seven Powers for Self Control that dramatically increase our resourcefulness in any sticky situation with children from toddler through school age. From these we learn Seven Basic Discipline Skills to help children move "from willful to willing" in day-to-day encounters at home and at school. As children internalize these skills, they naturally acquire Seven Values for Living that include integrity, respect, compassion, responsibility, and more.

Down-to-earth anecdotes show the process in action, and a seven-week program gets parents off to a quick start. The results far exceed most parents' dreams. Packed with the examples, expertise and humor that have endeared her to families nationwide, Becky Bailey gives us the tools to stop policing and pleading and start being the parents we want to be.

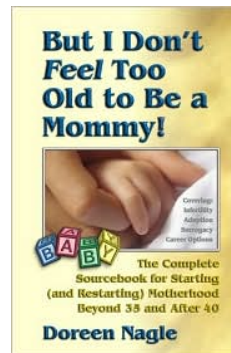
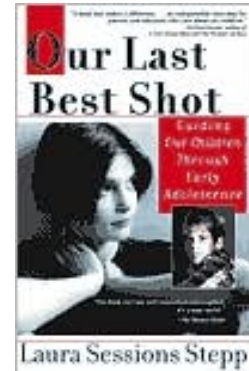


Ending The Homework Hassle

Homework can be one of the most frustrating of all problem areas for children and parents. In this helpful guide, Rosemond warns against parental interference and demonstrates ways to help children learn to work on their own and to take responsibility for getting the work done themselves.

Our Last Best Shot - Guiding Our Children Through Early Adolescence

Our Last Best Shot presents the personal stories of twelve girls and boys from across America. Their stories, and Laura Sessions Stepp's extensive research, provide real insight for parents trying to raise well-adjusted children in this difficult age. Filled with wisdom and common sense, based on cutting-edge research, and featuring an invaluable resource list, this is a book that parents and educators cannot afford to be without.



But I Don't Feel Too Old to Be a Mommy!

The traditional childbearing ages for women have been 20-29. Today, however, the trend to later childrearing is significant, with the numbers of mothers over the age of 35 having grown 75 percent in the last decade, while the numbers in the traditional ages continue to decline. From celebrities to the woman next door, later childrearing is no flash-in-the-pan fad "and isn't going to subside; future trends only show women will continue to delay motherhood," according to the National Center for Health Statistics.

But I Don't Feel Too Old to Be a Mommy! is the first and only book to fully address the concerns of the ever-growing but greatly ignored audience of literate, educated women who have delayed motherhood. In this comprehensive work, women who are considering parenting in their 30s, 40s and later-whether for the first time or starting over-will find all the information they need to make informed choices.

Author Doreen Nagle, herself a first-time mom over 40, details the risks, rewards, rumors and resources-from making the decision to start a family, to every imaginable way to get there, to the realities of motherhood beyond 35 and 40. Issues covered include infertility, pregnancy, surrogacy, adoptions, the pros and cons of later motherhood, single parenting, and financial and career considerations. Complete with quotes from medical experts, later-in-life moms and their kids, this one-stop book will calm the doubts and fears of women considering motherhood after 35 and beyond 40 by providing supportive yet realistic information.

Overcoming Underachieving: A Simple Plan to Boost Your Kids' Grades and End the Homework Hassles

A parenting specialist and child psychologist helps tackle a headache for parents and kids alike—homework—and gets underachievers back on track. Is your child constantly bored or frustrated at school? Has homework become more of a family crisis than a learning exercise every evening?

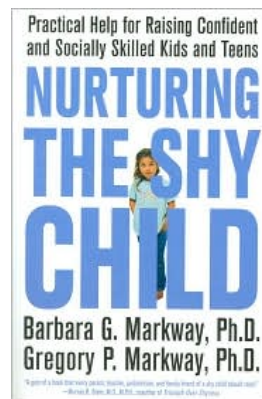
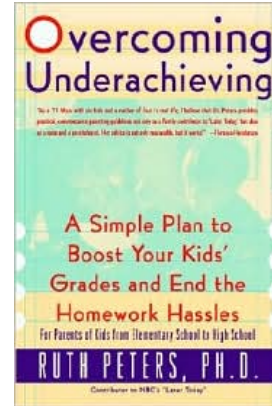
As any parent of a school-age child can tell you, helping children to achieve at school and get into a good college is a primary concern. Parents are starting to worry about this when their children are still very young, knowing that the work habits and study skills their children develop in elementary school will affect their performance in middle school, high school, and eventually, college.

Unfortunately, bad habits on the part of kids and parents can result in poor academic performance and tense parent/child relationships.

Now, in *Overcoming Underachieving*, Dr. Ruth Peters—a trusted child psychologist who has helped thousands of children and their parents solve scholastic problems—tackles kids' academic underachievement head-on, and presents a clear strategy that has worked for her clients and can work for almost all kids who aren't performing as well as they could. With a practical program targeted for parents of children from first through the twelfth grade, this book gives concrete advice about how to:

- reward performance
- build a child's self-concept
- help kids battle apathy
- identify common behavioral patterns among parents and children that lead to academic underachievement

As the market is inundated with new study aids and guidebooks and expensive tutors, Dr. Peters's straightforward, strategic plan is a breath of fresh air for parents and children. *Overcoming Underachieving* is the best tool for helping your kids get the better grades they want and deserve.



Nurturing the Shy Child: Practical Help for Raising Confident and Socially Skilled Kids and Teens

DO YOU WORRY THAT YOUR CHILD IS TOO SHY?
DOES YOUR CHILD SIT ON THE SIDELINES, OFTEN
AVOIDING GROUP ACTIVITIES?
DOES YOUR CHILD FEEL NERVOUS WHEN BEING CALLED
ON BY THE TEACHER, GIVING A REPORT IN CLASS, OR
READING ALOUD?
DOES YOUR CHILD COMPLAIN OF "BUTTERFLIES" IN THE
STOMACH, DIZZINESS, SHAKY HANDS, OR BLUSHING?
DO YOU WISH YOU KNEW HOW TO HELP YOUR CHILD

BREAK OUT OF HIS OR HER SHELL?

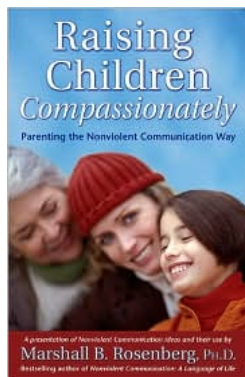
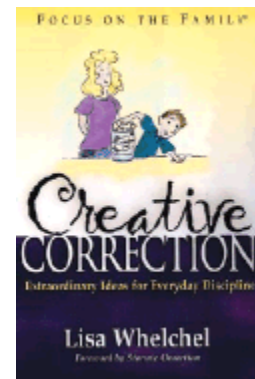
With the right kind of care and attention, every child has the chance to overcome his or her shyness. *Nurturing the Shy Child* provides parents, teachers, guidance counselors and other concerned adults with the latest information and practical tools that they need to help shy and socially anxious kids. This book covers the entire shy spectrum—from shyness in only certain situations to social anxiety disorder—and provides proven methods adults can use to ease the child's discomfort, tailored to specific ages and levels of anxiety.

Unlike other books on shyness, *Nurturing the Shy Child* also offers much needed information on problems that can go along with shyness and social anxiety, including depression, school anxiety, separation anxiety, excessive worry, selective mutism, and more.

Written by psychologists Barbara and Gregory Markway, co-authors of *Painfully Shy* and respected experts in the field, this book's sensible and reassuring tone goes a long way toward preventing needless suffering in children and offers their parents some long-overdue hope.

Creative Correction: Extraordinary Ideas for Everyday Discipline

Drawing from her own family's experience and through her interaction with other parents, Lisa Whelchel offers creative solutions for parents who are desperate for new, proven approaches to discipline. In addition to advice on topics such as sibling conflict and lying, Whelchel offers a biblical perspective and down-to-earth encouragement to parents who are feeling overwhelmed. A handy reference guide with ideas for specific situations rounds out this resource that will be a blessing to parents and their children.



Raising Children Compassionately: Parenting the Nonviolent Communication Way

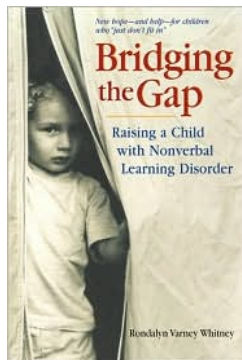
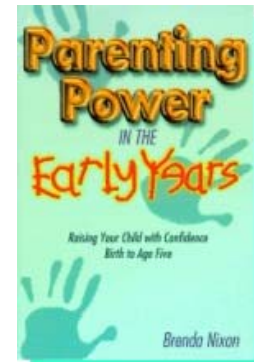
Your search for parenting tips that actually improve your family dynamics is over. While other parenting resources offer communication models or discipline techniques, this powerful, practical booklet offers the unique skills and perspective of the Nonviolent Communication (NVC) process. NVC stresses the importance of putting compassionate connection first to create a mutually respectful, enriching family dynamic filled with clear, heartfelt communication. An exceptional resource for

parents, parent educators, families and anyone else who works with children. For over 40 years Dr. Marshall Rosenberg has taught NVC to parents, families, children and teachers. Parents around the world have used his advice to deepen family connections, move past conflicts and improve communication. His revolutionary approach helps parents motivate children to cooperate without either the threat of punishment or the promise of reward. Learn how to model compassionate communication in the home to help your children successfully resolve conflicts and express themselves clearly.

Parenting Power in the Early Years

Parenting Power in the Early Years is just that--the confidence resource for all who find themselves raising a newborn to kindergartner! Covering from how to be a successful parent, when to start solid foods, when to begin toilet teaching, and how to handle tantrums or biting, to knowing if a child is ready for kindergarten, speaker and author Brenda Nixon offers quick, practical guidance.

The "0-5 Child Development Guide" and "Gift-Giving Key" make Parenting Power in the Early Years a valuable handbook for parents, grandparents, childcare providers, counselors, or anyone who works with parents of young children.



Bridging the Gap: Raising a Child with Nonverbal Learning Disorder

Millions of children suffer from Nonverbal Learning Disorder, a neurological deficit that prevents them from understanding nonverbal cues like tone of voice and facial expression. Though they are exceptionally bright and extremely articulate, these children often have difficulty in social situations-and can become depressed, withdrawn, or anxious. In *Bridging the Gap*, Rondalyn Varney Whitney-a pediatric occupational therapist and the parent of a child with NLD-offers practical suggestions that will

help parents put their child on the path to a happy, fulfilling life.

Videos available:

Selecting Child Care for Your Baby

Como Escoger una Guarderia para su Bebe